



Courtyard by Marriott Oceanfront North **Virginia Beach, Virginia**

Virginia Green Lodging is the Virginia Department of Environmental Quality's (DEQ) initiative to promote pollution prevention (P2) practices in the tourism and hospitality industry. *Green Lodging* encourages hotels, resorts, and other hospitality operations to be aware of their impact on the environment and to take steps to reduce these impacts. *Green Lodging* is a non-regulatory program, and participation is completely voluntary and free of charge.

The Courtyard by Marriott Oceanfront North offers 160 oceanfront guest rooms, an outdoor tropical pool complex, an Oceanfront Restaurant and Outdoor Café, as well as an indoor pool, hot tub, fitness center and meeting space.

Green Lodging Activities. When visiting Courtyard by Marriott Oceanfront North, you can expect the following practices:

CORE ACTIVITIES for Green Lodging

- ☒ **Optional Linen Service.** Sheets and towels are not automatically changed every day during your stay.
 - Train house cleaners on process of optional linen service
- ☒ **Recycling and Waste Reduction.** Green Lodging Facilities must provide recycling. Recycling should be highly visible and made available to guests with clear signage. A general commitment to reducing total amount of waste should be made.
 - Recycle: Glass, Aluminum Cans, Steel Cans, Grease, Plastic, Office Paper, Toner Cartridges, Newspaper, Cardboard, Packing Supplies, Fluorescent Lamps, Batteries, Electronics Equipment
 - Compost excess food waste
 - Track overall waste bills
 - Instruct housekeeping to save and reuse unopened items
 - Use dishware and glassware to minimize use of disposables
 - Non-bleached napkins and coffee filters
 - Provide condiments, cream and sugar in bulk
 - Use water pitchers that minimize use of single-use bottles
 - Implement effective food inventory system to minimize waste
 - Purchase recycled-content paper-towels and toilet tissue
 - Encourage suppliers to minimize packaging and other waste materials
 - Purchase from vendors and service providers with a commitment to the environment
 - Use two-sided copying and printing
 - Use electronic correspondence and forms
 - Use "green" cleaners that are dispensed in bulk
 - Purchase "low-VOC" carpets and fabrics
 - Use reused building materials or those from sustainable sources
 - Use latex paint
 - Reuse/recycle/dispose of thinners and solvents properly
 - Use preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
 - Effective inventory system and labeling of last-in/first-out
 - Use least toxic materials
 - Use integrated pest management



- ☒ **Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping.
- Track overall water usage and waste water
 - Preventative maintenance of drips and leaks
 - High efficiency dishwashers
 - Use dry clean up methods over water-based methods
 - Low flow toilets and low flow restrictors on faucets and showerheads
- ☒ **Energy Conservation.** The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives.
- Track overall energy bills and set a numeric goal to reduce
 - Use high efficiency compact fluorescent light bulbs in rooms and spotlights
 - Use high efficiency fluorescent ballasts and lamps
 - Install LED Exit Signs
 - Have High Efficiency Heating & Air Conditioning
 - Individual thermostats for each room
 - Use natural lighting
 - Purchase EnergyStar computers and appliances
 - Thermal rated windows and insulation
- ☒ **Green Events Package.** The facility must offer a “green” or “environmentally-friendly” package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided.
- Inclusion of “green meetings and conferences” in marketing packages



For more information on **Courtyard by Marriott Oceanfront North**, see <http://courtyardoceanfrontnorth.com> or contact Tom Ferrell at gm.marctyd37@thrvb.com.

For more information on **Virginia Green Lodging** program, see www.deq.virginia.gov/p2/lodging.



Virginia Green Lodging program is a supporting partner of **Virginia Green**, the Commonwealth’s campaign to encourage environmentally-friendly practices in all aspects of Virginia’s tourism industry. Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

